Children form healthy eating habits in their early childhood years. The lessons they learn in childhood may last a lifetime.

EATING HABITS

do not just happen — they must be learned.

Presenting children with a variety of nutritious foods can help them learn to make nutritionally sound food choices.

All child care providers can support positive eating habits by introducing children to new foods, encouraging favorable attitudes toward food and encouraging children to eat a variety of foods.

TRAINING REQUIREMENTS

Providers must attend food program training every year. Your sponsor will help you decide which training you will need in order to be on the program and help you keep your training current.

FAMILY DAY CARE HOMES PROGRAM

CHILD NUTRITION PROGRAMS

Utah State Office of Education 250 East 500 South P.O. Box 144200

Salt Lake City, UT 84114-4200

Phone: 801-538-7680

FAMILY DAY CARE SPONSORS IN UTAH

Alliance for Children

Paula Barton 4568 South Highland Drive, #240 Salt Lake City, UT 84117-4263 Phone: 801-277-0927 Toll-Free: 1-800-773-4731

Utah County Phone: 801-224-2009 E-mail: afcbart@mindspring.com

Child Day Care Nutrition Program

Jeanie Peck 6830 Old Main Hill, USU Logan, UT 84322-6830 Phone: 435-797-2169 Toll-Free: 1-800-540-2169 E-mail: jeanie@cpd2.usu.edu

Helping Hands

Susan Ison 2964 West 4700 South, #210 West Valley City, UT 84118-2557 Phone: 801-955-6234 Toll-Free: 1-888-982-3663 E-mail: Helpinghands@eschelon.com

INCA—Infants Nutrition and Care Associates Debra Holbrook

333 2nd Street, #15 Ogden, UT 84404-7406 Phone: 801-393-0222 Toll-Free: 1-800-748-5155 E-mail: debra.holbrook@y-wire.com

C & W Incorporated

Joni Greenwell
8364 S. Top of the World Drive
Salt Lake City, UT 84121-6058
Phone: 801-733-9446
Toll-Free: 1-877-733-9446
Davis County Phone: 801-499-2421
E-mail: candwfoodprogram@
earthlink.net

Child Management Associates

Chris Funkhouser
124 South 400 East, Suite 210
Salt Lake City, UT 84111-2135
Phone: 801-973-8627
Toll-Free: 1-800-223-3317
E-mail: child_managementcma@hotmail.com

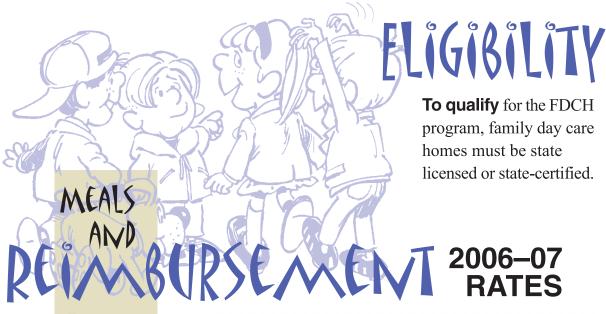
Hill USDA Child Nutrition Program Stephanie Hern

75 MSG/SVYD 5731 "E" Avenue, Bldg. 460 Hill AFB, UT 84056 Phone: 801-777-0695 E-mail: stephanie.hern@hill.af.mil

Orem Child Care Nutrition Program

Dio Owczarzak 563 West 1700 North Orem, UT 84057-2523 Phone: 801-224-2143 Toll-Free: 1-800-369-8936 E-mail: occnpg@qwest.net





Family Day Care Home providers can be reimbursed for a maximum of two meals and one snack for each child each day. The provider submits a monthly claim to their sponsor for the meals they have served and receives a check for the meals from their sponsor.

| Meal | Tier I | Tier II |
|--------------|--------|---------|
| Breakfast | \$1.06 | \$.39 |
| Lunch/Supper | \$1.97 | \$1.19 |
| Snack | \$.58 | \$.16 |
| | | |

There are two levels of reimbursement:

TIER I is the higher level of reimbursement and is assigned when the provider is located in a low-income area or is a low-income household. Tier I reimbursement is also received for children who are from low-income households. Your sponsor will determine which rate your home will receive.

TIER II reimbursement is received for all other households.

FOR MORE

Contact any of the sponsoring organizations on the other side of this handout for more information. A Family Day Care Home provider can choose any of the sponsors, but once they sign an agreement with a sponsor, they cannot transfer to a different sponsor before the annual renewal date of their agreement and must complete a request for transfer.

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